

Pneumonia Lower Respiratory Care



- Oxygen Therapy – continuous or as needed.
- Antibiotic Therapy – oral, IM or IV
- Nebulizer treatments and/or cough suppressants as needed.
- Chest Percussion
- Incentive Spirometer and nursing instruction on deep breathing and coughing.
- Nursing assessments including vital signs, oxygen saturation check and breath sounds at least daily. More often as needed.
- Chest X-rays on site via contracted provider.
- Diagnostic laboratory services.
- Hydration – oral or intravenously.
- PYXIS Machine on site for immediate medication administration.
- Droplet Isolation initiation as needed.
- Physical, occupational and speech therapy.
- Nutritional oversight by Registered Dietitian and Certified Dietary Manager.
- Comprehensive Care Team consisting of nursing, therapy, dietary, pharmacy, social services and physician monitoring patient care.



Pneumonia Zones

Be Aware of Your Symptoms & Seek Help

This plan is to be completed by patients with the help of their physician/health care provider. The patient should bring this form to each doctor appointment and update as needed.

This symptom list below is comprehensive but you may experience other symptoms. If you are unclear as to the actions you should take, please contact your physician/health care provider.



GREEN ZONE: All Clear

- Having slight to no shortness of breath
- Temperature below 100
- Slight cough
- No chest pain
- You are able to drink liquids and eat normally

Green Zone Means:

- Your infection is being treated
- The medications are working that helps fight the infection
- Increase your activities slowly; it may take several weeks before you feel normal
- Make sure to go to your doctor as directed



YELLOW ZONE: Caution

- Fever over 101
- Have an increase in shortness of breath
- Have an increase in coughing
- Your sputum changes color
- You are not taking in liquids
- Feeling more tired than when you were in the hospital

Yellow Zone Means: Warning

- You may need to adjust your medications
- Call your doctor to discuss your symptoms
Doctor: _____
Number: _____
- Call your Home Care Nurse 24 hour number _____



RED ZONE: Medical Alert

- Very difficult time breathing
- Your breathing does not get any better if you sit or lay down
- Having Chest Pain
- Feeling more confused or having trouble thinking
- Coughing up blood

Red Zone Means: Emergency

- You need to be seen by a doctor—Now!
- Call 911 or got to the nearest Emergency Room



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